|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of days vegetables consumed in a typical week** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of days | 95% CI | n | Mean number of days | 95% CI | n | Mean number of days | 95% CI |
| 18-29 | 266 | 3.7 | 3.1 - 4.2 | 241 | 3.8 | 3.2 - 4.3 | 507 | 3.7 | 3.3 - 4.1 |
| 30-44 | 470 | 5.1 | 4.6 - 5.5 | 503 | 5.1 | 4.6 - 5.7 | 973 | 5.1 | 4.7 - 5.5 |
| 45-59 | 444 | 4.8 | 3.9 - 5.8 | 482 | 5.7 | 5.2 - 6.1 | 926 | 5.2 | 4.6 - 5.8 |
| 60-69 | 298 | 5.6 | 5.2 - 6.1 | 304 | 5.9 | 5.3 - 6.5 | 602 | 5.8 | 5.4 - 6.2 |
| **Total** | **1478** | **4.6** | **4.2 - 5.0** | **1530** | **4.9** | **4.6 - 5.2** | **3008** | **4.8** | **4.5 - 5.0** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 442 | 4.9 | 4.2 - 5.7 | 454 | 4.7 | 4.1 - 5.4 | 896 | 4.8 | 4.3 - 5.3 |
| Urban | 1036 | 4.4 | 4.0 - 4.7 | 1076 | 5.0 | 4.8 - 5.3 | 2112 | 4.7 | 4.5 - 5.0 |